Download the mobile app

Access your account to track your health and wellness activities anywhere, anytime.

STEP 1:

Search and download Personify Health on your device wherever you get your apps. Once installation is complete, open the Personify Health app.

Follow login instructions based on your organization:

Stanford Medicine Children's Health and PCHA:

STEP 2:

Enter your work email and password you created via registration and select "Sign In".

Stanford Health Care, Tri-Valley, or **Stanford Medicine Partners:**

STEP 2:

Enter your work email address only.

STEP 3: You will be redirected to Single Sign-On (SSO) page, where you will be prompted to enter your Stanford credentials (SID & password) and complete the **DUO** authentication process to verify your identity.

Troubleshooting Tip: If your app is not responding, close and reopen the app.







GET IT ON

Google Play

Download on the

App Store



Personify Health

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Connect your favorite devices & apps

Keep track of your activity by using a fitness tracker or your mobile phone and seamlessly earn points!

STEP 1:

Go to More in the menu and choose Devices & Apps.

STEP 2:

Choose the device or app you'd like to connect and click **Connect**.

STEP 3:

Follow a few simple steps. You'll see instructions right on your screen to sign in or get connected automatically (depending on the app).

Don't have an activity tracking device?

No problem! You can also track your activity manually in the **Stats** section or connect to one of the free, compatible apps to track daily steps.





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