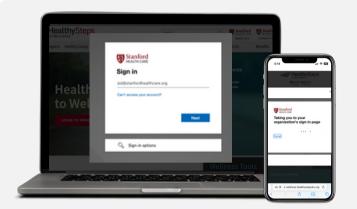
Register for your Wellness Platform

It's easy to get started, and you'll earn points just for signing up.

Sign-up via Single-Sign-On (SSO) on a web browser for Stanford Health Care House Staff/Residents

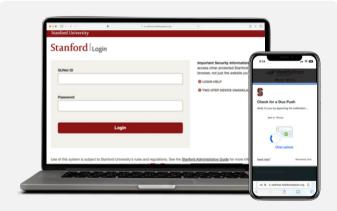


- **1.** Register **30 days** after your new hire date. Go to <u>wellness.healthysteps4u.org</u> & click the red "Login to Program" button.
- **2.** Select **Stanford Health Care**. You will be redirected to your organization's SSO sign-in page.



3. Once redirected to this page, input your *@stanford.edu* email instead of your SID.

This will take you to single-sign on via **SUNet**.



4. Log in with your **SUNet ID** and Password, and complete **DUO** process when prompted.

NOTE: If you cannot log in, confirm your SUNet ID is your default email by visiting https://accounts.stanford.edu/manage



5. SSO will automatically fill in your registration details. **Review and confirm your information** and click "**Submit**".

Read and agree to the Privacy and Membership Agreements and click "Continue" to finish creating your account.





