


Register for your Wellness Platform

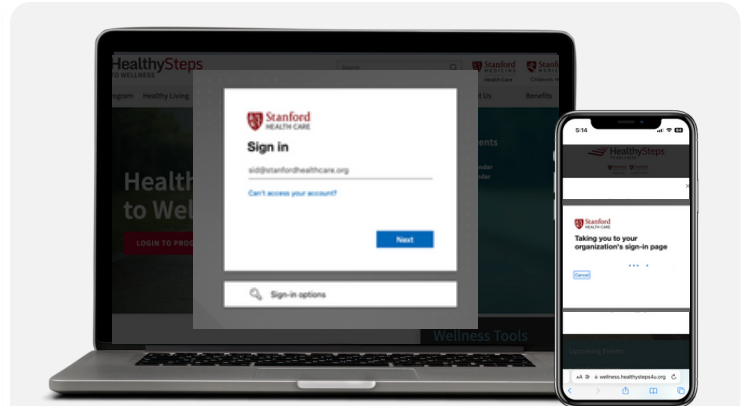
It's easy to get started, and you'll earn points just for signing up.

Sign-up via Single-Sign-On (SSO) on a web browser for
Stanford Blood Center employees with *@stanford.edu* emails



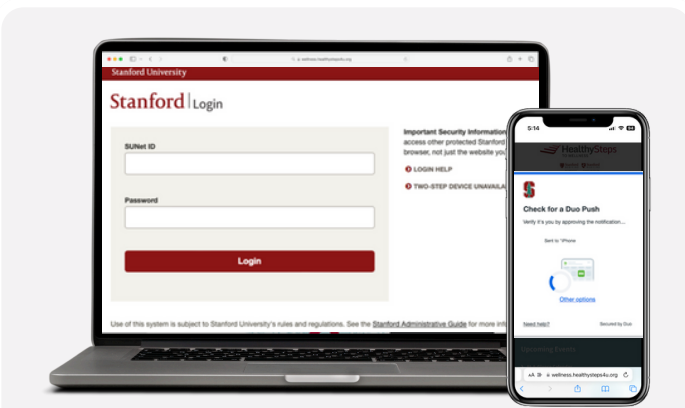
1. Go to wellness.healthysteps4u.org & click the red “Login to Program” button.

2. Select **Stanford Health Care**. You will be redirected to your organization's SSO sign-in page.




3. Once redirected to this page, input your *@stanford.edu* email instead of your SID.

This will take you to single-sign on via **SUNet**.



4. Log in with your **SUNet ID** and Password, and complete **DUO** process when prompted.

NOTE: If you cannot log in, confirm your SUNet ID is your default email by visiting <https://accounts.stanford.edu/manage>



5. SSO will automatically fill in your registration details. **Review and confirm your information** and click “Submit”.

Read and agree to the Privacy and Membership Agreements and click “Continue” to finish creating your account.

