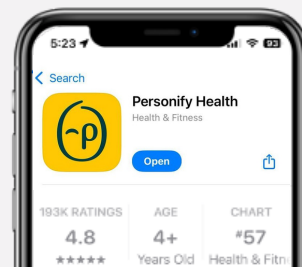


# Download the mobile app

Access your account to track your health and wellness activities anywhere, anytime.

## STEP 1:

Search and download **Personify Health** on your device wherever you get your apps. Once installation is complete, open the **Personify Health** app.

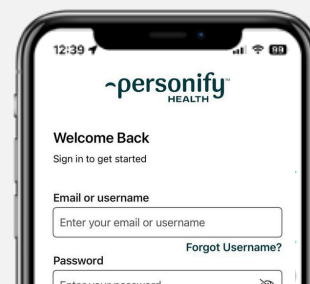


## Follow login instructions based on your organization:

### Stanford Medicine Children's Health and PCHA:

## STEP 2:

Enter your **work email** and **password** you created via registration and select **"Sign In"**.

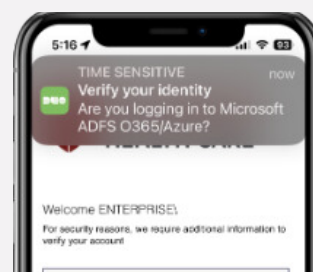
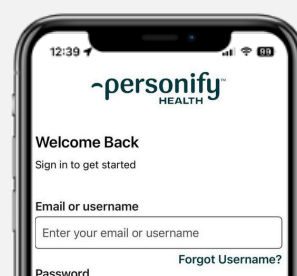


### Stanford Health Care, Tri-Valley, or Stanford Medicine Partners:

## STEP 2:

Enter your **work email address only**.

**STEP 3:** You will be redirected to Single Sign-On (SSO) page, where you will be prompted to enter your Stanford credentials (**SID & password**) and complete the **DUO authentication process** to verify your identity.



**Troubleshooting Tip:** If your app is not responding, close and reopen the app.